

Going to Pieces

LAND O'LAKES QUILT GUILD

Established 1985



President's Message

BY MARIA HALL

I keep hearing people say we're living in unprecedented times. Despite being tired of hearing it over and over, I'm not sure if there is a better sentence than that. My husband brought me to the store a few days ago and I actually felt anxious for being out. Since I'm an introvert, staying home alone almost all the time isn't that hard for me. I know a few extroverts that are going stir crazy, so if that's you, I'm sorry for what you're going through.

I have been reading a lot, mostly articles about what's going on. I read one about this situation causing us all to be in a grieving cycle. It seemed to be right on. Another article was about depression, which also felt like it hit the spot. And I know that makes everything harder, to be going through either of those. Even doing projects in the craft we love can seem too much.

Small goals are what get me moving. I just try to get one project (or part of a project) done each day. I've found myself cooking more, shopping online for things I may or may not need, and trolling social media for funny things to share.

Whatever gets you through the day, embrace that. Don't forget self-care. And if you think of someone, reach out to them. A quick text or email or phone call may be exactly what they needed to keep their spirits up.

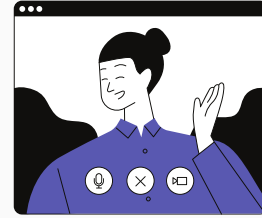
If you can join us for the virtual meeting, please do! It'll be messy but it will be fun to see some projects y'all have been working on and try something new!



This Month's Issue:

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- *April's Virtual Meeting
- *LEF Scholarship Winner
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- *Welcome New and Returning Members
- *Dallas Quilt Show Award Winners
- *A Very Special Quilt From A Galaxy Far, Far Away!
- *Photos From Last Month's Meeting
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April's Virtual Meeting

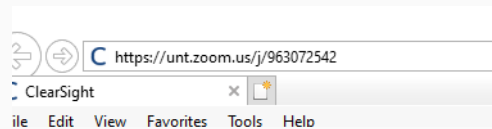


Join us for our April meeting, Monday April 13, 2020 on the Zoom Video meeting platform. You'll need to log into the meeting on your computer or tablet in order to get the full view of what's going on. If you don't want to log in, you can alternatively call in and listen to our getting together without getting together meeting.

Here's the information once again. You will be asked to download the Zoom app if you've never used Zoom before and there will be a brief poll to help us determine our meeting's contents once you log into the meeting. You may want to get things loaded into your computer before the 6:30 start time. As usual we plan on the official meeting to begin at 7:00 but getting things situated means you'll need to log in before 7:00 if at all possible. Also, please be sure to mute your microphone or call, otherwise we may have a bit more chaos than normal!

Time: Apr 13, 2020 06:30 PM Central Time (US and Canada) Log in or Call a few minutes before 6:30

To Join Zoom Meeting Online:



<https://unt.zoom.us/j/963072542> - Use this full URL in your browser address bar to access Zoom and get you to our meeting. You may be asked to download the Zoom program and provide your name. The meeting ID should not be required but here it is, just in case:

Meeting ID: 963 072 542

If you don't want to join by computer, and just want to listen in, then use any of these toll free phone numbers. You will be asked to enter the meeting id before you will be given access. Please remember to mute your phone unless you're needing to speak to everyone.

Use any of these numbers to dial in

- +1 346 248 7799 US
- +1 669 900 6833 US
- +1 312 626 6799 US
- +1 929 436 2866 US
- +1 253 215 8782 US
- +1 301 715 8592 US

Meeting ID: 963 072 542



LEF Scholarship Winner

Our Land O'Lakes Quilt Guild Scholarship through the Lewisville Education Foundation (LEF) for 2020 has been awarded to Amara Annick, a Senior at Flower Mound High School. This student best represents the criteria we designated in our endowment and is who LEF committee members felt was the strongest candidate for our award based on several rounds of blind review.

Unfortunately, due to uncontrollable circumstances connected with the COVID 19 shelter in place, this year's scholarship ceremony has been cancelled. Of course, the committee is saddened by this cancellation but know that according to federal and state health guidelines, it is for the best of everyone involved. They are still awarding our scholarship and are working to find a way to safely introduce us to your scholarship recipient, even if it is through a handwritten note and/or a digital video or message.

If you have any questions or want more information about the scholarship, please contact Dianna Martinez (dmartinez56@verizon.net) or Nancy Russell (nanerussell@yahoo.com).

Mask Making Tips

Many of you are busy making face masks as our Community Service project. Liz sent us all the preferred pattern Here's a few items that may help you in this important work:

Consider giving out masks to your neighbors.

They are hearing that soon/possibly masks should in fact be worn by anyone going out to buy essentials and may also be hearing that they are in short supply.

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The pockets can be used to help medical professionals extend the life of their N95 masks.

Alternatively, the pockets can accommodate a HEPA filter cut from a vacuum cleaner bag, or furnace air filter. As the two layers of cotton fabric are not adequate by themselves to provide protection, the addition of a filter helps to make the mask more effective.

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Consider using 100% cotton bedsheets for the mask material, using your quilting cotton cut on the bias for tie strips.

Long-time wearers actually prefer the tie-on type as the elastic strips can irritate your ears. A queen size flat sheet will make over 20 masks and are probably much softer than any quilt material you have on hand.

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Whenever you use material from your quilt stash, please be sure to pre-wash preferably in hot water with a high heat dry.

Also, if you share your home with dogs and/or cats, consider using a lint roller to remove any stray bits of shedding pet hair.

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While flannel is the preferred fabric for the layer that goes against the face, please be sure that if you are using flannel that it's the 100% cotton variety.

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As big as the need for masks is, pace yourself.

Give yourself breaks even if it's changing to making up a quilt top or learning a new technique. In the long run, you'll be more productive and less burden by this enormous need if you step away and attend to your mental and physical health. You cannot help others if you are exhausted.

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And last, but not least. If you feel the need to protect yourself and wear a mask, also put on some sort of protection for your eyes such as glasses or sunglasses.

Eyes are an entry point for the virus, as well.

Welcome New and Returning Members

New Member: Paulette Moreland

Returning Member: Stephanie Zambrano (fka Stepanie Smith)

Dallas Quilt Show Award Winners

Even though the Dallas Quilt Show was closed before it opened, the judging of the quilt entries took place and awards were given out. We had two guild members recognized for their work. Congratulations to Valerie Peters who won First Place in the Two-Person Large Pieced division for her "Seeing Red and Red Again" quilt. Cherry Freudiger won Second Place for her "Berchelli Stripes" and Honorable Mention for her "Lit From Within" in the Show Chair Theme division.



A Very Special Quilt from a Galaxy Far, Far Away

If you were at our meeting in February, the last quilt for show and tell was so special, we all were asked to please not take any photos. Fortunately, the quilt's owner has given us permission and here it is! This was a commissioned quilt for Angie Mayhew. Her husband Peter Mayhew passed away April 2019 and was the actor behind the Chewbacca mask.



Photos from Last Month's Meeting







Show and Tell

Dawn O'Bannion

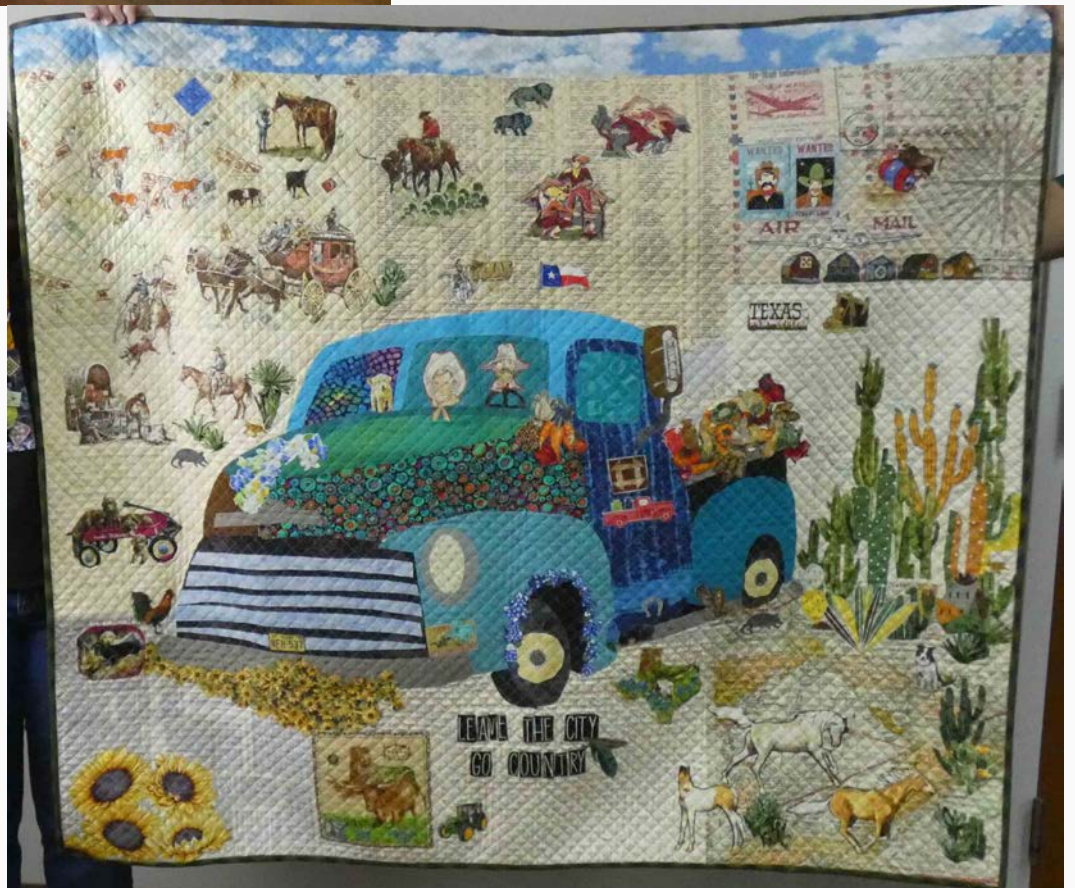


Carolyn Duff



Carol Franks

Lori Andersen





Vicki Owen



Rocky Murray



Valerie Peters

Membership Renewal Form

If you've not handed in your renewal form and dues to Marie Parker, please do so as soon as possible!



Land O'Lakes Quilt Guild, Inc.

2020 Membership Enrollment Form

P.O. Box 293124

Lewisville, Tx 75029-3124

Website: <http://www.landolakesquiltguild.com>

Email: LOLQGnewsletter@gmail.com

Dues:

\$25 -- Jr (17 and under) & Sr (60 and older) Membership

\$30 -- Regular Member (18 through 59)

Please fill out form completely even if you are already a member. Print clearly and make sure all information is correct.

Name: _____

Address: _____

City, State, and Zip: _____

Primary Phone: _____ Birthday (month/day only) ____/____

Email Address: _____

Which Bee(s) do you:	belong to?	Wish to join?	Please consider volunteering to support your guild. Check the items of interest:	
Laughing to Pieces (pm)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Charity/Community Service
The Tinkers (am)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Program Assistance, Presentation
Candle Holders (am)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Quilts Galore Quilt Sale
Loose Threads	<input type="checkbox"/>	closed	<input type="checkbox"/>	Hospitality
Piecemakers	<input type="checkbox"/>	closed	<input type="checkbox"/>	Nominating Committee
Other: _____			<input type="checkbox"/>	Membership
Would like to start a new Bee:		<input type="checkbox"/>	<input type="checkbox"/>	Board Position/Committee Chair
			<input type="checkbox"/>	Annual Audit
			<input type="checkbox"/>	Other _____

I give permission for the Land O'Lakes Quilt Guild to use my picture in the Land O'Lakes newsletter, Website, and social media (Facebook)

Signature _____

For LOLQG Board Use Only:

Date paid ____/____/____

Check # _____

Amount Paid \$ _____